



THE SINDHLAN

SINDHI HIGH SCHOOL

K K ROAD, BENGALURU

Newsletter 2024-25 – Issue 1

“For private circulation only”

Team SHS – One Team, One Dream



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Sindhi High School, K K Road, Bengaluru

Newsletter 2024-25

Issue 1

"For private circulation only"

मनीषिणः सन्ति न ते हितैषिणः हितैषिणः सन्ति न ते मनीषिणः।

सुहृच्च विद्वानपि दुर्लभो नृणां यथौषधं स्वादु हितं च दुर्लभम्॥

Those who are prudent are not well-wishers and those who are well-wishers are not prudent.

A friend who is prudent is rare for people., just like a medicine which is both tasty and beneficial is rare!

Ensemble from the Principal's Desk

Namaste Dear Parents and my Dear Students,

'Develop a passion for learning. If you do, you will never cease to grow.'

Anthony J D Angelo.

Dear Students, Every new day is an opportunity for us to learn and become a better version of ourselves. Self -improvement is a life-long process which yields rich dividends. As youngsters in an exciting phase of your life, self- improvement should be the guiding force behind all your actions. Learning new skills, updating ourselves with the latest happenings around us, empower us and boost our self-confidence.



Begin your day with a resolution to learn something new. You are living in an era where information is just a click away. When you have such exciting opportunities around you, grab them and make optimum use of those opportunities to upgrade your knowledge.

Dear parents, as you watch your children grow both physically and intellectually, support their initiatives and endeavours and help them in their journey so that they can realise their full potential. Their journey of self-discovery will become more joyous and exhilarating with you by their side.

The First Newsletter is a labour of love of our students and teachers. We wish you a happy reading and viewing experience.

Warm Regards
Smt. Alpana Kala

Chairman's Message



Dear Sindhians,

What do you want to be?

Somebody or anybody ?

Make the decision right now. Do you want to be just anybody in life, or do you want to be somebody in life ?

If you want to be just anybody in life, then merge with the crowd. Get lost in the crowd. However, if you want to be somebody in life, then stand up and be counted. If you live like everybody, you will become like everybody. If you don't want to be like everybody, then you have to do what nobody has done. Walk a different path and you'll create a new destination for yourself.

Keep asking yourself, "My future comes from where my time goes; so, where should my time go ?"

Plan - A place for everything and everything in its place. A time for everything and everything in its time.

Hence as you'll prepare for your mid-term exams, this is your opportunity to showcase your knowledge, skills and hard work. Stay focused, confident and calm. Believe in yourself and your abilities. Exams are not just about grades; they're about learning and growth. Embrace this experience and don't hesitate to ask for help when needed.

After the exams, you'll have a well-deserved break during the Dussehra holidays, Take time to relax, recharge, and rejuvenate. Spend quality time with family and friends and engage in activities that bring you joy. Let this spirit inspire you to overcome challenges, make positive choices, and become the best version of yourself.

I wish you all the best for your exams and subsequently a happy, safe Dussehra break !

**Sincerely,
Sri. Manoj L. Gera**

TEAM OF OFFICE BEARERS AND EXECUTIVES



Sri. Sanjeev Atmaram
President
Sindhi Seva Samiti
and Sindhi Group of
Educational
Institutions



Sri. Manoj L. Gera
Chairman



Sri. Arun Rajani
Hon. Secretary



Sri. Kiran S. Chawla
Hon. Treasurer



Sri Nitin Kandhari
Hon. Jt Secretary



Smt. Maithreyi Satyadev
Director-Academics



Smt. Alpana Kala
Principal



Smt. Maithreyi Suresh
Vice Principal



Smt. Kashish S. Valecha
Vice Principal

JAL SHAKTI ABHIYAN



The 'Jal Shakti Abhiyan: Catch the Rain' Campaign, launched by the Hon'ble Prime Minister, underlines the importance of water conservation and rainwater harvesting.



As part of this initiative, the 'Jal Doot' program, pioneered by Jal Jeevan Mission, our school engages students and staff as agents of change in water conservation efforts. The program empowers students to become 'Jal Doots', responsible for assessing Piped Water Supply Schemes and advocating for safe drinking water, water quality, and conservation measures. By involving students as 'Jal Doots', we seek to foster a culture of active participation and innovation in water conservation efforts.

PARTICIPATING IN THE FESTIVAL OF DEMOCRACY



The staff members of Sindhi High School demonstrated their civic duty by exercising their right to franchise in General Assembly elections on April 26th.

By exercising their right to vote, they contributed to the democratic process to shape the future.



My Vote My Right

Class X champions shine bright !



We are thrilled to announce the outstanding performance of our students in the AISSE, Class X examinations for the academic year 23-24. Our school takes immense pride in the remarkable achievements of our students, reflecting their dedication, hard work, and the relentless support of our faculty and staff. We express our deepest gratitude towards parents and guardians for their unwavering encouragement and support. An impressive overall pass percentage of our students showcases the commitment and determination of the school towards academics. We are confident that our students will continue to shine brightly and make significant contributions to the society in their future endeavours.

AISSE CLASS X SCHOOL TOPPERS



K HARIHARAN
480
96%
I TOPPER
SANSKRIT 100
MATH-STD 97



DESHNA KHAJANCHI
474
94.80
II TOPPER
SANSKRIT 100



M C YASHASWINI
474
94.80
II TOPPER



K KARISHMA
471
94.20
III TOPPER



KARAN R
471
94.20
III TOPPER
KANNADA 98



PRAFUL S
471
94.20
III TOPPER
HINDI 95



V POONGOVAL
471
94.20
III TOPPER
SANSKRIT 100

SUBJECT TOPPERS SANSKRIT



**ADITYA GURUPRASAD
NARANG**
100



AKSHAY P
100



B G ILA
100



**JAYSHREE
VAISHNAV**
100



**RIA AJAY
KATARA**
100



SHRADDHA N S
100

HINDI



ADVAIT JOSHI
95



KHUSHI M JAIN
95



RONIL JAIN
95



NISHITA N JAIN
95



POOJA JAIN
95



**MAHANTH HARI
KISHAN
ACHHPELIYA**
95



RIYA K MEHTA
95

MATH-BASIC



STUTI M SHAH
95

ENGLISH



TRISHA RAO
95



SUHANI SHARMA
95

SCIENCE



PRAACHI
95

SOCIAL SCIENCE



DHRITHI YOGESH
98



POOJA JAIN



AKSHAY P



B G ILA
99

RESULT HIGHLIGHTS

Class X -100% Results
Above 90% -27

First Class-106

Distinction -83
Second Class-8

JOINT STAFF MEETING

Joint staff meeting was held on Thursday, 16th May for Classes VIII to X teachers at SHS, Hebbal campus and on Tuesday, May 28th for Classes I to VII teachers at SHS, KK Road which brought together the teaching staff of both the institutions. The teachers discussed, planned and laid the blue print for the scheme of events for the upcoming academic year.



Igniting Minds: A Day of Learning and Inspiration!

WORKSHOP

The academic session for the year 2024-25 began with a volley of interactive sessions for the teachers. Our teachers have actively participated in various workshops and training sessions, both online and offline, to enhance their skills and stay updated on best practices. These workshops were aimed at the personal and professional development of the teachers.



WORKSHOP	RESOURCE PERSON	WORKSHOP	RESOURCE PERSON
SQAAF Conducted by CBSE	Ms . Manjula Balasubramaniyam Ms .Shanti Krishnamurthy	Soft Skills-inter Personal Skills	Ms. Poornima Ganesh
CAPACITY BUILDING PROGRAMME ON AI conducted by CBSE	Mr. Anoop Singh Rawath Ms. Prachi Chandra	Building A Positive Attitude	Dr. Ravi GovindaSwamy
English Language and Literature conducted by CBSE	Ms. Anupama Ramachandra Ms. Sujatha Girish	3C FOR EFFECTIVE LEARNING	Dr. Rajdeep Manwani
National Curriculum Framework-Foundational stage, organised by CBSE	Ms. Soya Nambiar Dr. Geeta	Holistic Personal Finance 36 Degrees	Dr. Jagadish Ahuja
Open Book Exams-Myth or Reality	Dr. Usha Reddy Mr. Sanjay Radakrishnan	Alternate Pedagogy	Dr.Muralidhra
NCF 2005&Social Studies Conducted by CBSE	Mrs. . Jayanthi Rajgupta Mrs . Seema	Ethic, Attitude, Behaviour And Values	Mr. Shree Krishna P
Holistic Progress Card (Nursery-Class2)	Ms. Manju	Story Telling Pedagogy	Mrs. . Geetha Ramanujam
Workshop on Kannada Literature	Dr. Purushotham Bilimale Dr. Bheema shankarJoshi Dr. Chittaiah poojar	NCF	Ms. Jyothi Manjunath
Financial Literacy for Women	Ms. Aruna Shadakshri	Math Work Shop	Ms. Poornima Hegde
		Balvatika	Ms. Manju
		Science Workshop On Optics And Mechanics	Mr. Madhusudan

NEW YEAR, NEW MINDSET, NEW GOALS



The School reopened on Monday, 20th May 2024. The teachers and staff welcomed the students of Grades VIII to X with open arms. The students trooped into the campus with beaming smiles and eager enthusiasm. They were all geared up to meet their friends and looked refreshed after the summer break.

The students of Grade I To VII started the academic session on Monday, 3rd June 2024.

First day at School !!



A warm welcome to our Vice Principals



Ms. Kashish S Valecha
Vice Principal



Ms. Maithreyi Suresh
Vice Principal



Satyanarayana Pooja : A Spiritual Blessing for a Prosperous Academic Year!

#AcademicJourney

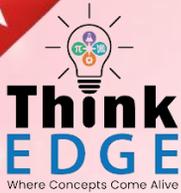


In a serene gathering, students from Classes VIII, IX, and X came together to offer prayers during the Satyanarayana Pooja. The atmosphere was charged with divinity and devotion as they sought blessings for their academic journey ahead.

As the sacred rituals unfolded, prasadam was lovingly distributed among the school staff, students, and management members. May this auspicious beginning pave the way for a year filled with knowledge, growth and success!



NEW



New Introductions !!

Think Edge – Skillful Minds



Skillful Minds, an initiative of Tata Edge, is a programme on Artificial Intelligence and Robotics, where students gain hands-on experience in Robotics. This newly introduced programme has been taken for classes I to VIII.



School Cinema



School Cinema is an innovative educational initiative that has been introduced at our school across classes. School cinema integrates films into the learning process to engage students and enhance their understanding of various subjects and life skills.

These films address important themes such as empathy, diversity, leadership and environmental issues.

LogIQids

LogIQids is a technology driven education company - Founded by IIT , IIM Graduates - committed to improve the Logical Reasoning skills in school going children . It is a computer suite of programs developing 21st-century skills like analytical thinking and problem-solving through:

- Personalized logical reasoning worksheets
- The World’s Biggest Logical Reasoning Olympiad
- Live classes on logic and science for ages 5-12



It is an online programme to enhance critical thinking skills of children, has been taken up for UKG to Class IX.



Seed Balls Workshop: Cultivating Green Warriors!



Our enthusiastic Scouts and Guides & students of class VIII celebrated World Environment Day by diving into a hands-on workshop on seed balls.

Seed balls are tiny, powerful packages of life! They contain seeds, soil and nutrients, all rolled into a protective ball. When scattered in barren areas, rain and soil erosion break down the outer layer, allowing the seeds to sprout and grow into lush plants. Let's sow the seeds of change and watch our world bloom!

#GreenHeroes #SeedBallMagic



World Environment Day

Green Actions, Brighter Future: World Environment Day

World Environment Day held annually on 5th June is the largest global platform for environmental public outreach and is celebrated by millions of people across the world. The event at school started with an assembly where students presented skits, speeches, and multimedia presentations highlighting current environmental challenges and potential solutions.



Special Assemblies

Special Assembly events are held in our school to recognise and celebrate academic achievements, sports victories, and other accomplishments to boost student morale and to communicate essential information about school policies, ensuring the safety and well-being of the school community.

World Food Safety Day



Kempegowda Jayathi



World Day Against Child Labour



Origami Demonstration

Origami demonstration activity was conducted for the students of classes I to IV on 14th June, 2024. Mr. Govind Rai, created magic with paper and gave an enthralling origami demonstration for the students



Orientation sessions

When the twain met!!



Communication is the key to the smooth functioning of any organization.

Orientation sessions for Classes IX & X and Nursery & Class I were held on Saturday, 8th June, to apprise parents of the functioning of the school.

The orientation was followed by a question answer session where parents cleared their doubts.



Investiture Ceremony

"Leadership is the capacity to translate a vision into reality." — Warren Bennis

The Investiture Ceremony was conducted on Friday, 14th June 2024. The newly elected parliament donned the mantle of responsibility in a grand ceremony. The Principal, Mrs Alpana Kala spoke about the importance of empathy and humility in a leader. The ceremony, a brief and solemn one, was a showcase of the values that the institution stands for.



**Principal
Ms. Alpana Kala**



**Persistent Patel
House Mistress
Ms. Shakuntala Purohit**



**Tenacious Tagore
House Mistress
Ms. Manisha Thaker**



**Head Boy : G Bhargav Srinivasan
Head Girl : Sahanaa D**



**Visionary Vaswani
House Mistress
Ms. Asha K**



**Versatile Visvesvaraya
House Mistress
Ms. Jyothi Praveen**



Comperes
Heer M Mehta
Shreyansh Herenjal



	Name of the Student
Patel House Captain	Maahi S Mehta
Patel House Vice Captain	Sharanya S Rao
Patel House Prefect	Vishwanath .M
Tagore House Captain	Manya S Shah
Tagore House Vice Captain	Rachan R Rai
Tagore House Prefect	Kanishk Jain
Vaswani House Captain	Alok S
Vaswani House Vice Captain	Barkha
Vaswani House Prefect	Nirvi Sharma
Visvesvaraya House Captain	Kaustubhi B.S
Visvesvaraya House Vice Captain	Deepali Tejsundar
Visvesvaraya House Prefect	Prerana Pai

	Name of the Student
Head Boy	G Bhargav Srinivasan
Head Girl	Sahanaa D
Sports Captain	Akhil Nair
Sports Vice Captain	Trivid Suresh



Involvement of the Alumni

Alumni conducting MUN



The students of Classes VIII to X participated in a Model United Nations session, ably conducted by alumni Mr. Chandan Naik and Mr. Janak Rajpurohit.

The students articulated their views confidently and showed admirable levels of preparedness and presence of mind in fielding the queries.

It was an insightful session that left the students better informed.



Motivated by the Motivators

Pep talk by Class X Toppers

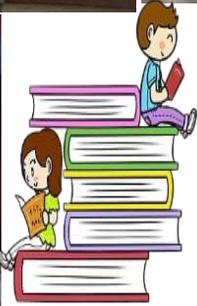
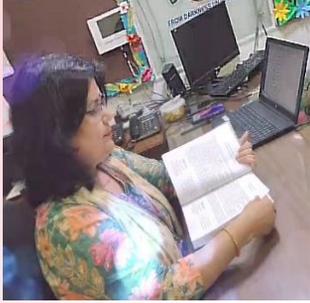


The toppers of Batch 2023-24 addressed the current Class X students and gave them tips on enhancing their academic performance. It was a productive session and the students were better equipped to face the upcoming exams.



National Reading Day

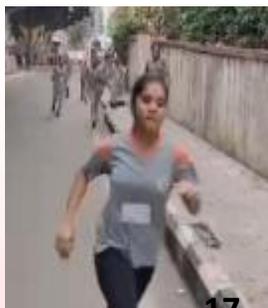
National Reading Day is observed in India on 19th June to honour the life and work of Puthuvayil Narayana Panicker, who is widely regarded as the Father of India's Library Movement. Children took a pledge on this occasion of National Reading day & Reading month which is also initiated by CBSE. Students spoke about the importance of reading and how to incorporate the habit of reading in our daily lives.



Road Race

Ready, Set, Go! Spirited Road Race

The Road Race held on Saturday, 7th July 2024 is a highly anticipated event that marks the beginning of our school's annual sports festivities. The race typically began early in the morning, with participants gathering at the starting line, energized and ready to give their best. This tradition brought together students, teachers, and staff in a display of enthusiasm, athleticism, and school spirit.



Music Day



Our school marked International Music Day with a mesmerizing musical extravaganza! Our talented students and staff played a variety of instruments, from tabla to keyboards and drum sets, harmonizing beautifully with melodious voices. Music truly brings us together!

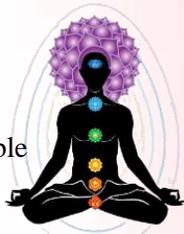


Yoga Day



Stretch, Breathe And Relax: YOGA DAY at School

21st June, is recognised as World Yoga Day, an initiative by our Honourable Prime Minister Sri Narendra Modi which is also followed at schools.



The day began with a yoga session led by yoga instructor Ms. Veenu guiding participants through various asanas (poses) and pranayama (breathing exercises). Students and staff from Grades VI to X gathered equipped with their yoga mats, ready to engage in this ancient practice which fosters physical well-being and holistic growth.



PRIZE DAY

DREAM, BELIEVE, ACHIEVE.



CELEBRATING EXCELLENCE AND ACHIEVEMENT

On 29th June, our school celebrated its Annual Prize Day to honour the achievements of our outstanding students. The event, attended by students, parents and staff, was a vibrant occasion filled with pride and excitement. Awards were presented for excellence in academics. This event is a way of encouraging students to pursue their passions and continue striving for excellence. Many congrats to all the winners.

Keep Going Kids!!!!!!



Address By
Ms. Alpana Kala
Principal



Compere
Ms Deepshika Menda





Stuti Kashyap, I A
I Place



Aarush Ramprasad, I A
II Place



M Surya, I A
III Place



S. Paramm Tejj, I B
I Place



Nidhi Choudhary, I B
II Place



B. Aadhya Reddy, I B
III Place



Anay B. H, I C
I Place



Anvika B.H, I C
II Place



Hiranmayee, I C
III Place



Srinika S Kulkarni, II A
I Place



Dhruv Jain, II A
II Place



Dhyana Mehta, II A
III Place



Vaishnav Kamath, II B
I Place



Vishruth M C, II B
II Place



Sriaansh Yechangunja, II B
III Place



Viraaj Ramesh, II C
I Place



Myra Nandish, II C
II Place



B. G Ojas, II C
III Place



Aarohi P, III A
I Place



Laasya S Srivatsa, III A
II Place



Krishank N G, III A
III Place



Nidhi V Gowda, III B
I Place



Shraavya G, III B
II Place



Pranavi P, III B
III Place



**Anvitha S D, III C
I Place**



**Gaanavi S, III C
II Place**



**Raian Umesh Mishra, III C
III Place**



**Ashwin, IV A
I Place**



**Ayaan R Wadhwa, IV A
II Place**



**Sanvi Vishnoi, IV A
III Place**



**Utsavi Parin Doshi, IV B
I Place**



**Deepika Koushik, IV B
II Place**



**Saakshi K A, IV B
III Place**



**K A Aneesh Hebbar, IV C
I Place**



**Lishan H Shetty, IV C
II Place**



**Tanay Siddharth Mehta, IV C
III Place**



Pracheth P, V A
I Place



M S Samanyu, V A
II Place



Khyathi Hetal Soni, V A
III Place



Yesha Jain, V B
I Place



Sanvi M, V B
II Place



Saanvi S Iyer, V B
III Place



Gaurangi Ojha, V C
I Place



Aradhya D N, V C
II Place



Dhanya S, V C
III Place



Manvik V, VI A
I Place



Ruthvi S, VI A
II Place



Manan N Bohra, VI A
III Place



**Dyuti P Gaddale, VI B
I Place**



**Atharva P Joshi, VI B
II Place**



**Devansh S Raheja, VI B
III Place**



**Janhavi Narayana S, VI C
I Place**



**Charita N G, VI C
II Place**



**B Saanvi Reddy, VI C
III Place**



**Prerana Pai, VII A
I Place**



**Nirvi Sharma, VII A
II Place**



**Pranathi Kiran, VII A
III Place**



**Falak Maniyar, VII B
I Place**



**Driti Jain, VII B
II Place**



**Vishwanath M, VII B
III Place**



**Kanishk Jain, VII C
I Place**



**Parth Chopra, VII C
II Place**



**Meghaa Rajpal, VII C
III Place**



**Darsh Ashok, VIII A
I Place**



**Khushi Amarnath Meti, VIII A
II Place**



**Dev Ahuja, VIII A
III Place**



**Rachan R Rai, VIII B
I Place**



**Harshith Narayana S, VIII B
II Place**



**Siyona C Reddy, VIII B
III Place**



**Meher K, VIII C
I Place**



**Sanchita N V, VIII C
II Place**



**Trivid Suresh, VIII C
III Place**



**Pranav G Mayya, IX A
I Place**



**Harini R, IX A
II Place**



**Kaustubhi B S, IX A
III Place**



**Maahi Siddharth Mehta, IX B
I Place**



**Amrutha Balaji, IX B
II Place**



**Paraam Bagrecha, IX B
III Place**



**Shaurya B, IX C
I Place**



**Jainy Nilesh Vora, IX C
II Place**



**Manya S Shah, IX C
III Place**



CONGRATULATIONS!

30TH INTER SCHOOL TABLE TENNIS TOURNAMENT

PLAY, COMPETE, CONQUER

Our school recently hosted an exciting table tennis tournament, showcasing remarkable talent and sportsmanship. Students from various schools competed in singles and doubles categories, battling through intense matches. The atmosphere was electric, with spectators cheering their peers throughout the event. Congratulations to all the participants for their hard work and dedication, making the tournament a resounding success!



Girls' Category

Winners : Sri Kumaran Children's Home(State)

Runners : Sindhi High School, Hebbal

Boys' Category

Winners : Sri Kumaran Children's Home (State)

Runners : Sri Kumaran Children's Home (State)



30th Inter school Table Tennis Tournament



Sri Siddharth Asrani
Chairman, Sports Sub Committee,
Jt. Secretary, Sindhi PU College



Ms. Anjana P Rao
National Table Tennis Player





KARGIL VIJAY DIWAS

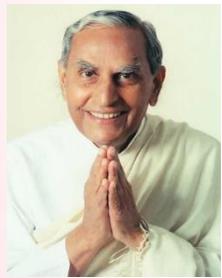


On July 26th, our students marked Kargil Vijay Diwas with a PowerPoint presentation, paying tribute to India's triumph over Pakistan in the 1999 Kargil War. An interactive session was also held on July 31st, conducted by Disha Bharat, an NGO, to further commemorate the occasion and educate students about the significance of this historic victory."



MOMENT OF CALM

Creating a ripple of peace and forgiveness!



The Moment of Calm is a global peace initiative that aims at bringing calm in the hearts of people through the power of forgiveness and love. Our school observed a poignant Moment of Calm, inspired by the teachings of Sadhu Vaswani. Through powerful skits, thought-provoking reels, and a 2-minute silence, we reflected on the importance of forgiveness. Students wrote notes on the Forgiveness Wall and wore Forgiveness Bands, demonstrating their commitment to forgiveness and personal growth.



INDEPENDENCE DAY CELEBRATIONS



INDIA - A LAND OF VIBRANT CULTURE

The 78th Independence Day celebration at school was a memorable event filled with patriotic fervor. The day began with the hoisting of the national flag, followed by the national anthem, which instilled a sense of unity among all. Students delivered speeches highlighting the importance of freedom and the sacrifices made by our freedom fighters. Various cultural programs were organized, including patriotic songs, dances, and skits portraying significant moments from the freedom struggle. Student achievers in various fields like sports, art forms, were felicitated by the Management and Executives. The event concluded with inspiring words from the Chief Guest encouraging students to contribute positively to the nation.



Compere
Ms. Santosh Sharma



Harsh

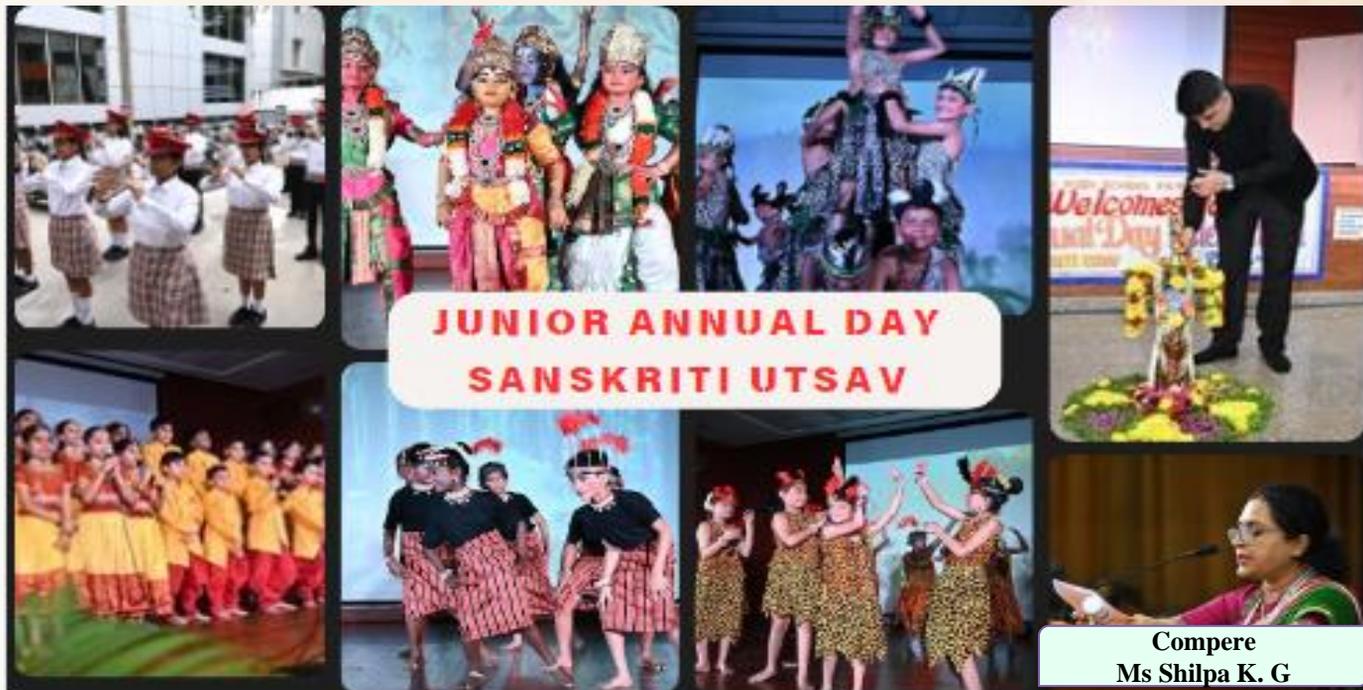
Prarthana S

JUNIOR ANNUAL DAY – SANSKRITI UTSAV



This year, the young students of Classes I, II and III came together to celebrate the school's Annual Day with the theme **Sanskriti Utsav**, a vibrant tribute to India's rich cultural heritage. The children enthusiastically participated in skits, tribal dances and songs representing various states of India, wearing bright and beautiful costumes. Their performances were a joyous expression of Indian culture

and tradition, filling the auditorium with pride and excitement. Chief Guest, Parents and Teachers were thrilled by the energy and effort displayed by the students, making Sanskriti Utsav a memorable celebration of culture and talent..



Compre
Ms Shilpa K. G



CHIEF GUEST



Sri. Kiran S Chawla
Hon. Treasurer
SHS, K K Road



JUNIOR ANNUAL DAY SANSKRITI UTSAV



Welcome Speech
Alok S
Vaswani House Captain



Vote of Thanks
Barkha
Vaswani House Vice Captain



Sindhi High School
K K Road
Sponsors : Sindhi Seva Samiti

invites you to the
MIDDLE SCHOOL ANNUAL DAY
CLASS IV TO VI

PLEASE JOIN US TO CELEBRATE

a fascinating journey of numbers and wonders

Ank Ajooba

Chief Guest
Dr. Sanjay Shantaram
Dance artiste, Dental surgeon, Actor, Lyricist,
Choreographer & Dance Guru.

SATURDAY | 24TH AUGUST | 4:00 PM

VENUE: DETH NARAYAN M. MINIDIA HALL
#1077, SINDHI HIGH SCHOOL, K K ROAD, BENGALURU -01

MIDDLE SCHOOL ANNUAL DAY – ANK AJOOBA

This year's Annual Day theme, **Ank Ajooba**, was a spectacular celebration of the unique relationships that numbers represent in our lives. Students from Classes IV, V and VI creatively explored how numbers are more than just figures; they hold deep connections to various aspects of life, symbolizing relationships, emotions and values.





MIDDLE SCHOOL ANNUAL DAY

ANK AJOOBA

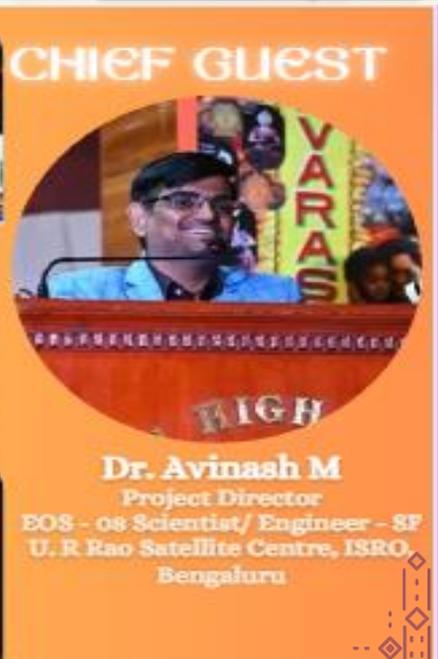
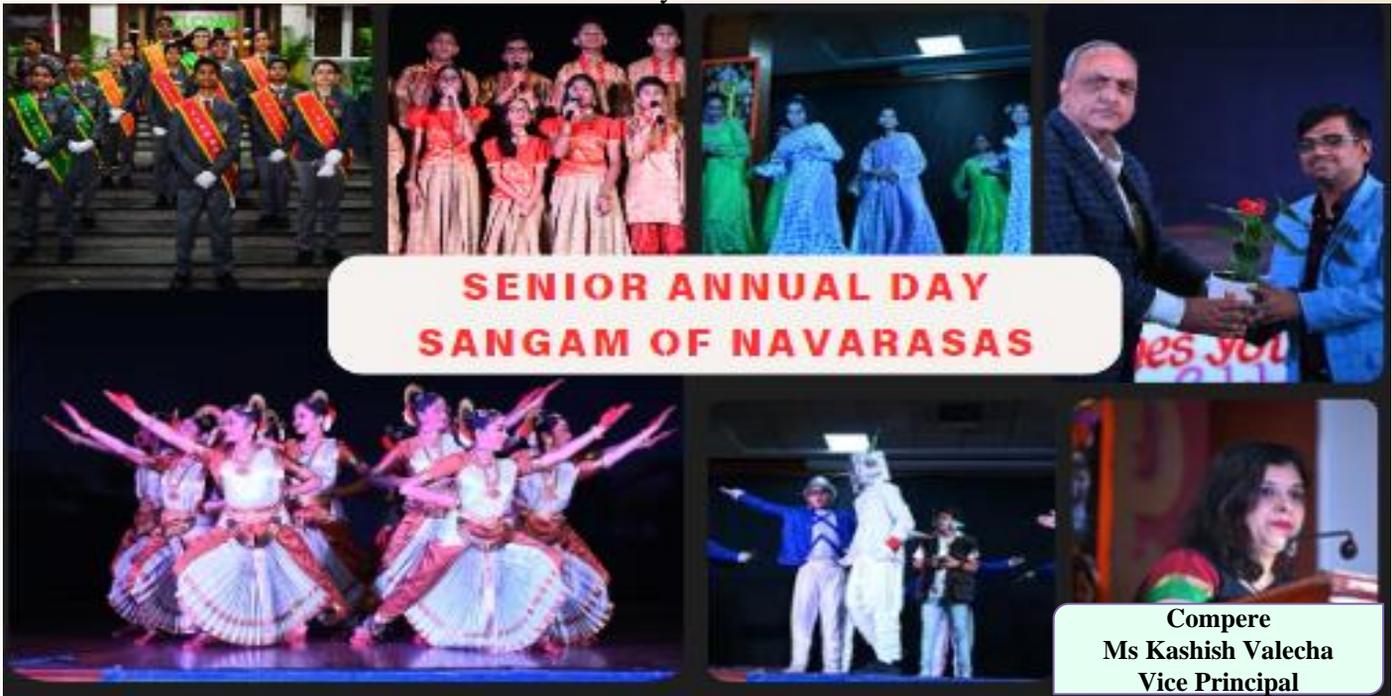


SENIOR ANNUAL DAY – SANGAM OF NAVARASAS



This year, the Annual Day for Classes VII, VIII, IX and X took on a creative and modern twist with the theme **Navarasas** in Contemporary Form. The performances celebrated the ancient concept of the nine emotions or "rasas", but with a fresh, contemporary interpretation. Students brought these timeless emotions to life, connecting them to modern-day experiences and challenges. Each performance portrayed a different rasa, using elements of drama, dance and multimedia to reflect the emotional spectrum of today's world.

The performances were a brilliant fusion of classical emotion and contemporary expression, showcasing the students' talents in storytelling, dance and drama. The event left the audience mesmerized, that showcased the relevance of timeless ideas in today's world.





Welcome Speech
Maahi Mehta
Patel House Captain



Vote of Thanks
Sharanya S Rao
Patel House Vice Captain



Sri. Sanjeev Atmaram
President
Sindhi Seva Samiti &
Sindhi Group of Educational Institutions



Best All Rounder - Junior
Yesha Jain



Best All Rounder - Senior
K Karishma



Best House in Academics
Visvesvaraya House



Best House in CCA
&
Bulletin Board
Patel House



SENIOR ANNUAL DAY SANGAM OF NAVARASAS

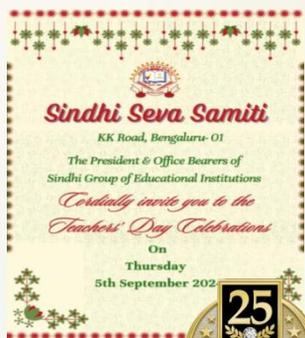


TEACHERS' DAY CELEBRATIONS

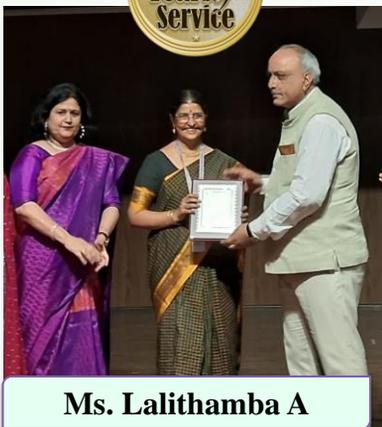
Teaching is the greatest act of optimism. – Colleen Wilcox



On 5th of September the Management of Sindhi Group of Educational Institutions hosted a vibrant and engaging celebration for Teachers' Day, honouring the invaluable contributions of educators to the academic and personal growth of students. The event commenced with an opening ceremony of invocation song and later on speech from President of Sindhi Group of institutions Sri Atmaram Sir, expressing gratitude for the dedication and hard work of teachers. **Ms Lalithamba** Sanskrit and Kannada coordinator was honoured for her exceptional contributions, of 25 years to the institution and **Ms Geetha Hegde** Math mentor, **Ms Nirmala Bai** Social Science faculty and **Mr Raghavendra**, Kannada teacher were felicitated for their unstinted 15 years service to the institution. The event provided an opportunity for teachers to relax and connect with their colleagues over lipsmacking lunch.



Compere
Ms. Santosh Sharma



Ms. Lalithamba A



Ms. Nirmala Bai



Mr. Raghavendra

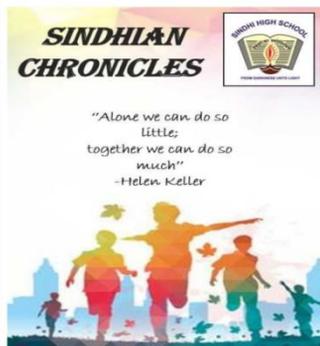


Ms. Geeta Hegde

SINDHIAN CHRONICLES – STUDENT'S NEWSLETTER

Students Launch "Sindhian Chronicle": A New Voice in School News

A Newsletter By the Students, For the Students, Of the Students



"Sindhian Chronicle" is the brainchild of a dedicated team of students Bhargav, Driti and Harsh Singhvi of Class X, who worked behind the scenes with great dedication and determination. The end result was a beautiful compilation in the form of a newsletter under the able guidance of

RENOVATION

CREATING VIBRANT SPACES

The Foyer and the waiting lounge, Pre Primary classrooms, Radha Krishna Hall and the Play Area underwent a significant revamp. The aesthetic appeal combined with its utility make it a memorable experience for our students and parents.



INTERACTIVE PANELS

Interactive panels have been installed across all classes to enhance their learning experience.



EXTRA CURRICULAR ACTIVITIES

Extracurricular activities play a pivotal role in shaping a well-rounded educational experience. At our school, these activities go beyond the traditional curriculum, fostering holistic development and honing various skills in our students.

SCOUTS & GUIDES

**Scouting
towards a
bright future**



MUN

**Testing the waters of
International Politics**





Classes IV to VI students and teachers had an unforgettable experience when they went to watch the movie Appu with their friends in a multiplex.



ACCOLADES

CELEBRATING EXCELLENCE : BENGALURU SAHODAYA GURU SAMMAN AWARDS 2023! #Impactful Education

Sindhi High School KK Road takes immense pride in the remarkable achievements of our esteemed teachers. The Bengaluru Sahodaya Schools Complex Association (BSSCA) has bestowed these prestigious awards upon four outstanding educators:

Ms. Alpana Kala (English), Ms. Pratima Pai (Social Studies),

Ms. Veena (Co-scholastic Subjects), Ms. Jagruti G. (Administrative Staff)

Their unwavering dedication and exceptional contributions have left an indelible mark on student learning. As we celebrate their accomplishments, let us remember that each teacher has the power to ignite minds, shape futures, and change the world—one student at a time.



Ms. Alpana Kala



Ms. Pratima Pai



Ms. Veena



Ms. Jagruti

Bangalore Sahodaya felicitated our school for 100% results and 9 of our students were felicitated for securing centums in Sanskrit.



Champion Player and Inspirational Coach



Ms Venu's triumph in the Bangalore Urban District Netball Championship showcases her exceptional talent and dedication. Her dual role as a player and coach, led students of Unique Sports Academy to 2nd runner-up position. She gives credit to her school for nurturing her passion for sports and enabling her to achieve success.

Adding another feather to her cap, Ms. Venu has also successfully completed Guide Captain Advance Training Course conducted by Bharat Scouts and Guides Association with flying colours !!



Writing a poem is a gift !!



An art that unfolds from the heart, weaving emotions into words that resonate with beauty and truth . Here we proudly present a poet amongst us- Mr. Raghavendra S , our Kannada faculty , who has written the poem – Shikaradha Mounadalli.



ACCOLADES

Celebrating my victories, one cap. at a time

This year, our students have excelled across various disciplines, earning well-deserved recognition for their hard work and dedication. From academic excellence to outstanding performances in sports, arts and creativity, their achievements reflect the school's commitment to holistic development. We are immensely proud of all our students for their exceptional contributions and continued pursuit of excellence.



Bhoomika H C



Nivaan



Harini R



Dhairya Goyal



Adhish R

**Has won 2 Medals , State Level Teakwondo-Kungo
Champion of Champions , 2nd time Black Belt &
National Level Championship**



INTERNATIONAL LEVEL



Yuval Bagrecha



Mitansh Jain

NATIONAL LEVEL



Harsh



Prarthana S

STATE LEVEL



Shriyan



Hemant Singh Dhani



Parmitha Prashant

LEVEL



Sharav Mithra



Gayan Sai



Honali K





STATE
LEVEL

Sujal V

Aniksh Sadiwal

Likhith R



STATE
LEVEL

Shreyas S

Great
job!

Jaarvi Sachdev



STATE
LEVEL

Niyati B.G

K.A Aneesh

Anvie Hebbar.K

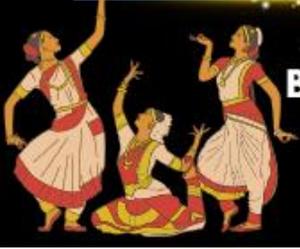


STATE
LEVEL

Ashwin Arnav.R

Hridaan S Bandhari

Ojas B.G



Bagged 1st prize in Drishti -Sci Dance Competition
held at National Public School, Bengaluru



Pre-Primary

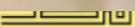
Children learn as they play. Most importantly, in play, children learn how to learn.
- O. Fred Donaldson

Our Preprimary classes are buzzing with excitement as we embark on a new academic year! We're committed to making this year an incredible experience for our little stars. Our LKG and Nursery classes have been bursting with colours, exploring the vibrant world of red, green, and blue. Recently, we celebrated Grandparents' Day with a grand event, honouring their love and wisdom. Our UKG students impressed us with their 1-minute talks, showcasing their public speaking skills and confidence. The little storytellers in LKG and UKG enthralled us with their creativity and imagination. Meanwhile, our tiny tots in Nursery delighted us with their rhymes recitation, demonstrating their language skills and enthusiasm. We also celebrated festive events like Independence Day, saluting our nation's freedom, and Ganesh Chaturthi, embracing the spirit of joy and prosperity. We're beaming with pride at our pre-primary students' achievements and enthusiasm. Here's to an amazing year ahead!"

World Environment Day



Yoga Day



1 Min Talk- Papa and Me



Good Touch and Bad Touch



Green Splash



Red Splash



Pre primary's got Talent



Grandparent's Day



Blue Splash



Independence Day



1 Min Talk- Mera Bharath Mahan



Story Narration



Rhymes Recitation



Ganesha Chaturthi



Truth And Lies



The anatomy of lies belies me,
Easy to believe, gorgeous to see.
Not a true image, all make-believe,
Brings momentary succour, temporary relief.

Lies are deceitful and fraudulent,
Yet dressed in finery, they are resplendent.
The modest truth, devoid of glamour,
Has people knocking it, tongs and hammer.
Oh! Treacherous lie, what's your intention?
Overpowering the gullible with deliberate distortions.
The truth, in spite of its sharp sword, is no match,
To the innumerable conspiracies that you hatch.



Ms. Alpana Kala
Principal

Catalyzing Student Growth

I stand before my class, with a passion so bright
Teaching chemistry, with all my might
Atoms and molecules, I help them understand
The building blocks of life, in this scientific land



I guide them through reactions, with precision and care
Helping them grasp, the concepts so rare
Acids and bases, pH levels so fine
Redox reactions, with electrons that align
I watch my students grow, with each new concept gained
Their understanding deepens, like a chemical bond sustained
They learn to balance equations, with skill and with ease
And chemical reactions, become a breeze
As a teacher, I inspire, and motivate with glee
Helping my students, to reach their full potential, they'll see
Chemistry's beauty, in every single thing
A world of discovery, with secrets to sing
And when the day is done and the lessons are through
I proudly serve, as Vice Principal too!



Ms. Maithreyi Suresh
Vice Principal

Beyond the Classroom

Though not a teacher, I stand tall and proud,
A vital part of the institution, my role avowed.
I may not instruct, but I guide and mentor too,
Discipline and values, I impart to students anew.



In every school activity, I actively participate,
A support system, with dedication I create.
Counselling parents, a responsibility I embrace,
Helping them navigate their child's educational race.

Committed to my duties, I strive to excel,
Learning and growing, my personal story to tell.
Though not a teacher, I make a difference, it's true.
Imparting knowledge, right from wrong, to see them through.



As a role model, I strive to be a good human being,
Spreading smiles and kindness, my heart keeps singing.
In every way, I contribute to the institution's might,
A proud administrative staff, shining with delight!

Ms. Santosh Sharma
Admin Staff

Purpose of life



In the serenity of the dawn's first light, we ponder the purpose of this transient life,
through trials and triumphs, joy and strife, Seeking meaning beyond just day and night.
As I lay there on my bed, deeply thinking, Realizing I have only been blinking, but also wondering,

What is the purpose of living?

To find meaning in each passing day, to learn, to grow, and pave our way
In laughter shared with our friends and family, Not realizing the months passing sneakily
To live with passion, to live, with grace, to leave this world a better place

In the unity of joy and strife,
There lies the purpose of life.



Shishir K M
IX B

Becoming House Prefect: A Journey of leadership and responsibility

"A genuine leader is not a searcher for consensus but a molder of consensus."

– Martin Luther King Jr

Becoming the prefect of Tagore house has become a significant milestone in my personal and academic journey. I am filled with pride and gratitude for being chosen as a prefect by all my respectful teachers. This position is more than just a title. It is an opportunity to make a positive impact on the school's dignity.

I feel a sense of responsibility to uphold the values and integrity of my school and an opportunity to be a role model for others , I am eager to make my house win and get the coveted trophy. This also comes with its challenges, but I am ready to face them. I understand that I will need to balance my academic responsibilities with my duties as a prefect and I am ready to manage my time for both.

In conclusion, becoming the prefect of Tagore house is a prestigious honour that comes with significant responsibilities. It is a journey that shapes one's character and leadership skills. I will fulfil all my duties, abide by the school rules and inspire my friends and peers to do so. At the end, I would like to thank all my teachers for choosing me as a prefect and I promise that I shall not let you all down.



Kanishk Jain
VIII C



ಜೀವನ ಶೈಲಿ

ನಮ್ಮ ಜೀವನದಲ್ಲಿ ನಾವು ಹಲವಾರು ಸಂಬಂಧಗಳನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳುತ್ತೇನೆ. ನಮ್ಮ ಹುಟ್ಟಿನಿಂದ ಸಾವಿನವರೆಗೂ ನಾವು ಬಿಡಲು ಸಾಧ್ಯವಾಗದಂತಹ ಕೆಲವೊಂದು ಸಂಬಂಧಗಳಿವೆ.

ಜೀವನದಲ್ಲಿ ಬಾಂಧವ್ಯ ಎಂಬುದು ಬಹು ಮುಖ್ಯ ಪಾತ್ರವನ್ನು ವಹಿಸುತ್ತದೆ.

ಕೆಲವು ಭಾಂದವ್ಯಗಳು ನಮ್ಮ ಕೈಗಳನ್ನು ಹಿಡಿದು ಮುಂದೆ ನಮ್ಮ ಜೀವನದಲ್ಲಿ ಮುನ್ನಡೆಯಲು ಉತ್ತಾಹ ನೀಡುತ್ತದೆ. ಇನ್ನೂ ಕೆಲವು ಸಂಬಂಧಗಳು ನಮ್ಮನ್ನು ಸಂಪೂರ್ಣವಾಗಿ ಹಿಂದೆ ತಳ್ಳಿ ಜೀವನದ ಸುಂದರ ಹಾದಿಯನ್ನು ಕತ್ತರಿಸಿಬಿಡುತ್ತವೆ. "ಸಜ್ಜನರ ಸಂಘ ಹೆಜ್ಜೆನು ಸವಿದಂತೆ" ಎಂಬಂತೆ ನಮ್ಮ ಜೀವನದಲ್ಲಿ ನಾವು ಒಳ್ಳೆಯ ಜನರ ಜೊತೆ ಸಂಬಂಧ ಬೆಳೆಸಿಕೊಂಡರೆ ನಮ್ಮ ಜೀವನವು ಸಹ ಒಳ್ಳೆಯ ಹಾದಿಯಲ್ಲಿ ನಡೆಯುತ್ತದೆ. ಒಂದು ವೇಳೆ ಕೆಟ್ಟ ಜನರ ಸಹವಾಸ ಮಾಡಿದರೆ ಜೀವನವೇ ಸರ್ವನಾಶವಾಗಿ ಹೋಗುತ್ತದೆ. ಉದಾಹರಣೆಗೆ ನಾವು ಸ್ನೇಹವನ್ನು ಬೆಳೆಸಿರುವ ಸ್ನೇಹಿತರು ಕೆಟ್ಟ ಹಾದಿಯಲ್ಲಿ ನಡೆಯುವುದು ಮಾತ್ರವಲ್ಲದೆ ನಮ್ಮನ್ನು ಸಹ ಅಂತಹ ಹಾದಿಗೆ ಎಳೆದುಬಿಡುತ್ತಾರೆ. ಆದ್ದರಿಂದ ಒಳ್ಳೆಯ ಸ್ನೇಹಿತರ ಜೊತೆ ಸಂಬಂಧವನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳುವುದು ನಮ್ಮ ಜವಾಬ್ದಾರಿಯಾಗಿದೆ. ನಾವು ನಮ್ಮ ಜೀವನದಲ್ಲಿ ಎಂತಹ ಸಂಬಂಧಗಳನ್ನಾದರೂ ಬಿಟ್ಟುಬಿಡಬಹುದು ಆದರೆ ಎಂದಿಗೂ ನಮ್ಮ ತಂದೆ ತಾಯಿ ಮತ್ತು ಸಹೋದರರ ಸಂಬಂಧವನ್ನು ಬಿಡಬಾರದು ಏಕೆಂದರೆ ಅವರು ಮಾತ್ರ ನಮ್ಮ ಜೀವನಪರ್ಯಂತ. ನಮ್ಮ ಕಷ್ಟ ಸುಖಗಳಲ್ಲಿ ಭಾಗಿಯಾಗುವರು.

ಆರೋಗ್ಯಕರ ಸಂಬಂಧಗಳ ತೀರ್ಮಾನವೆಂದರೆ ಅವು ವ್ಯಕ್ತಿತ್ವ ಮತ್ತು ಜೀವನದ ಗುಣಮಟ್ಟದಲ್ಲಿ ಪರಿವರ್ತನೆಗೆ ಕಾರಣವಾಗಬಹುದು, ಜೊತೆಗೆ ಆಂತರಿಕ ಪ್ರೇರಣೆ ಮತ್ತು ವೈಯಕ್ತಿಕ ಬದಲಾವಣೆಯನ್ನು ಉತ್ತೇಜಿಸುತ್ತದೆ. ಆರೋಗ್ಯಕರ ಸಂಬಂಧಗಳು, ಅವುಗಳ ಸಂಕೀರ್ಣವಾದ ಸಂವಹನ, ನಂಬಿಕೆ, ಗೌರವ, ಸಹಾನುಭೂತಿ, ಬೆಂಬಲ ಮತ್ತು ಸ್ವಾತಂತ್ರ್ಯವು ಜೀವನದ ಒಂದು ಭಾಗವಲ್ಲ; ಅವರೇ ಜೀವನವನ್ನು ಸಾರ್ಥಕಗೊಳಿಸುತ್ತಾರೆ.

ವಿಷಕಾರಿ ಸಂಬಂಧದಲ್ಲಿನ ಹಾನಿಕಾರಕ ನಡವಳಿಕೆಯು ಭಾವನಾತ್ಮಕ ಯಾತನೆಯನ್ನು ಉಂಟುಮಾಡಬಹುದು, ಇದು ಆತಂಕ, ಖಿನ್ನತೆ ಮತ್ತು ಕಡಿಮೆ ಸ್ವಾಭಿಮಾನದಂತಹ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಸಮಸ್ಯೆಗಳಿಗೆ ಕಾರಣವಾಗುತ್ತದೆ. ವಿಷಕಾರಿ ಸಂಬಂಧದಲ್ಲಿ, ಹಾನಿಕಾರಕ ನಡವಳಿಕೆಗೆ ಒಳಗಾಗುವ ವ್ಯಕ್ತಿಯು ತನ್ನ ಸ್ವಂತ ಮೌಲ್ಯ ಮತ್ತು ಸಾಮರ್ಥ್ಯಗಳನ್ನು ಅನುಮಾನಿಸಲು ಪ್ರಾರಂಭಿಸಬಹುದು.



ಬರೆದವರು
ಸಿಯೋನ ಸಿ ರೆಡ್ಡಿ
IX B

गुरु-शिष्य का बंधन

गुरु का आशीर्वाद, शिष्य का सम्मान,
इस बंधन में बसी है, शिक्षा की पहचान।

ज्ञान की रोशनी से, गुरु ने दी दिशा,
शिष्य की अंधेरी राहों में, खुला नया दृष्टि कोण।

शिक्षा का ये मंदिर, गुरु का ये धाम,
शिष्य के जीवन में, ज्ञान का है पवित्र नाम।

हर प्रश्न का उत्तर, गुरु ने सरलता से बताया,
शिष्य के संदेहों को, धैर्य से सुलझाया।

संस्कारों की सीख, गुरु ने दी प्यार से,
शिष्य के मन में, संस्कार बसे दिलदार से।

गुरु की डांट में, छुपा था ममता का एहसास,
शिष्य ने समझा उसे, अपना प्यारा आस।

प्रेरणा का स्रोत, गुरु का हर एक शब्द,
शिष्य के जीवन में, बसी उनकी बात।

गुरु के चरणों में, शिष्य का नमन,
इस बंधन में है, सच्ची श्रद्धा का वचन।

गुरु-शिष्य का बंधन, अनमोल और महान,
इस रिश्ते में बसी है, शिक्षा की पहचान।

गुरु ने दिखाया मार्ग, शिष्य ने किया अनुसरण,
इस रिश्ते में बसी है, जीवन की सही दिशा और अमृतमय वरण।



याची जैन

IX B

"भाषा की जादूगरी: मधुर वाणी का प्रभाव"



किसी कवि ने कहा कि - "कागा किसका लेत है, कोयल किसको देत । बोली के ही कारणे, जग अपनी करि लेत ॥

न तो कौआ किसी को कुछ लेता है, और न कोयल किसी को कुछ देती हैं। पर कोयल की बोली सुनकर मन में प्रसन्नता होती है और कौए की बोली सुनकर अप्रसन्नता ।

अतः इस उदाहरण के माध्यम से मुझे यह लगता है कि सचमुच मधुर वाणी सभ्य - व्यक्ति का लक्षण है। साँतवी कक्षा में मैंने पढ़ा था:

प्रियवाक्य प्रदानेन, सर्वे तुष्यन्ति जन्तवः । तस्मात् तदैव वक्तव्य, वचने का दरिद्रता? ॥

कवि का कहना है कि मधुर वचन से ही सब लोग प्रसन्न होते हैं, अतः वचन में कंजूसी क्यों करनी चाहिए ?

इतिहास में एक कहावत है, "काने की माँ कानी" इससे उस श्रोता को दुःख होता है, और बोलने वाले की भी पहचान हो जाती है। भारत के संविधान में भी लिखा है,

" सत्य बोलो और सत्य के साथ प्रिय बोलो।

हमारी वाणी पर कीचड़ फेंकने वाले हैं अपशब्द, कई लोग अपने नौकरों को गालियाँ देते रहते हैं, ऐसे परिवारों के छोटे - छोटे बच्चे भी शुरू हो जाते हैं। एक आदत सी लग जाती है।

यदि कोई अप्रिय वचन कहे, तो महान और आदर्श व्यक्ति उसे वापस कटु वचन नहीं कहता। क्योंकि वह जानता है कि गाली वही व्यक्ति देता है, जिसकी गालियों द्वारा भरा हुआ भंडार है। अतः अपने को अगर : एक आदर्श जीवन जीना है तो हमें सदा अप्रिय वचनों से बचना चाहिए।



सचिन कोठारी
VIII B

कृष्णजन्माष्टामी



भारते अनेके जनानां प्रियदेवता भगवान् कृष्णः । सः देवकीवसुदेवयोः पुत्रः, नन्दकुमारः, गोपालः मुरारिः च । तस्य अनेके भक्ताः सन्ति । तस्य जननस्य कथा अतीव विलक्षणा अस्ति ।

देवक्याः भ्राता कंसः आकाशवाण्याः शब्दान् श्रुत्वा देवकीम् वासुदेवं च कारागृहे निबन्धं कृतवान् । तत्र देवक्याः षट्पुत्रान् निहत्य कंसः अतीव उत्सुकः अभवत् । परम् योगमयायाः सहायतया देवकीवसुदेवयोः सप्तमः पुत्रः वासुदेवस्य द्वितीयभार्यायाः गर्भं प्रतिष्ठः अभवत् । अष्टमपुत्रस्य जननसमये आकाशवाणी वासुदेवं " अष्टमपुत्रं गोकुलस्य नन्दगोपस्य गृहं नयतु । तदनन्तरम् तस्य शिशुं ततः आनयतु ।" इति आज्ञां यच्छति स्म । तदा आश्चर्यवशात् द्वाराणि उद्घटितानि अभवन् । वासुदेवः कृष्णेन सह गोकुलं प्रति अगच्छत् । मार्गं अतिवृष्टिः अभवत् । नागराजः आदिषेशः कृष्णं वृष्टेः रक्षति स्म । गोकुलं गत्वा, कृष्णं तत्र स्थाप्य नन्दगोपस्य पुत्रीं आनयति स्म । यदा वासुदेवः कारागृहं आगतवान् तदैव कंसः अपि कारागृहं अप्रविशत् । नन्दगोपस्य पुत्रीम् वासुदेवस्य हस्ताभ्यां गृहीत्य तां भूर्मीं प्रति क्षिप्तवान् । तदा सा शिशुः उद्दीय मातुः दुर्गायाः रूपं गृहीत्वा अवदत् " कंस ! तव विनाशकालः समीपे अस्ति । देवक्याः अष्टमपुत्रः तु जनितः । मूर्ख ! तव पापानां फलानि प्रतिदातुं सिद्धः भव " इति उक्तवती । कृष्णः तु गोकुले एव अवर्धत ।

कृष्णः श्रावनमासस्य अष्टम्यां जातः । एतेत दिनं एव वयं कृष्णजन्माष्टामी इति उत्सवं आचरामः । तं जगद्गुरुम्, पार्थसारथिं कृष्णं नमामि ।



अनुग्रहाय लोकानां अवतीर्नाय विष्णवे ।

क्लेशापहाय कृष्णायाः पार्थसारथये नमः ॥

Sahanaa D

X C

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“The only way to achieve the impossible is to believe it is possible. ”

-Lewis Carroll